

My Turn

By Dennis Franks

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The Pickaway-Ross community has an opportunity starting Monday to help our school win \$10,000 through the NBC4 Make A Difference grant to create either an exercise trail or a learning lab.



The Fitness for All Exercise Trail will provide opportunities for Pickaway-Ross pre-schoolers, students, staff and community members to engage in a variety of exercises along a one-mile course. Each tenth of a mile will feature an exercise station allowing participants to engage in stretching, balancing and strength training, all while working the cardiovascular system.

If Pickaway-Ross wins a grant to create a fitness trail, criminal justice students won't have to do calisthenics in the snow.

The Learning Lab will provide a welcoming environment for students to embark on online and

video learning, independent study and advanced placement classes. In addition, students will be able to use the Learning Lab for tutoring or remedial assistance. The availability of the lab would allow for Pickaway-Ross to increase academic offerings through video learning, such as foreign language, college preparatory classes and remedial courses.



A Learning Lab will allow Pickaway-Ross to increase academic offerings.

If our fitness trail wins, students in our Carpentry, Criminal Justice and Facilities Maintenance programs would design the trail and assemble the stations. The trail would contribute to creating well-rounded students, mentally and physically, as well as offer students who need it credit in physical education. The goal would be to unveil the Fitness for All Exercise Trail at our annual Community Appreciation Day, scheduled for Sept. 20.

If our Learning Lab wins, students in our Network Support Technologies and Electrical Technologies programs would assist in setting up the lab. It would be equipped with computers, foreign language software and subscriptions to remedial and advanced placement courseware and would be ready for use for the 2014-15 school year.

But to make one of these proposals a reality, we'll need your help. Please register to vote at <http://nbc4i.upickem.net/engine/Registration.aspx?contestid=114242>. You can vote once a day, every day, from Feb. 24 through March 24.

