

Student/Staff Illness Recommendations

<p><u>Student Illness</u></p>	<p>Families and Staff should perform daily health checks PRIOR to arriving for school:</p> <p>-Any student/staff with a fever over 100°F <u>must</u> stay home per ODH guidelines.</p> <p>-Any student/staff who has the following symptoms should stay home from school and isolate from others as much as possible. If symptoms worsen or have not resolved in 24-48-72 hours (Change according to your school policy, as this is only a recommendation), they should contact their primary care provider to be evaluated for COVID-19 or other illness:</p> <p>Any of the following symptoms: cough (different from anything normal for the student or staff), shortness of breath, or difficulty breathing <u>OR</u> Two of the following symptoms: fever (measured or subjective), chills, rigors, myalgia, headache, sore throat, new loss of taste or smell, GI Issues (nausea and vomiting or diarrhea) <u>OR</u> Any of the following symptoms: cough, shortness of breath, or difficulty breathing, fever (measured or subjective), chills, rigors, myalgia, headache, sore throat, new loss of taste or smell, GI Issues (nausea and vomiting or diarrhea) <u>AND</u> an epidemiological link to a case of COVID-19</p> <p>NOTE: Signs and symptoms of COVID-19 in children may be like those for common viral respiratory infections or other childhood illnesses. It is important for children exhibiting symptoms of COVID-19 to be evaluated by a healthcare provider who might consider COVID-19 as well as other diagnoses, such as influenza.</p> <p>- Adena Health System COVID-19 clinic (740)542.7233 (see attached flyer for more information).</p>
<p><u>Confirmed COVID-19</u></p>	<p>-Families and staff must notify the school if they have been exposed or diagnosed with COVID-19.</p> <ul style="list-style-type: none"> ● Individual (staff/student) stays home. ● Return to school is based on requirements of CDC, ODH, and the Ross County Health District.

-Communications when a student/staff member has been diagnosed with COVID-19:

- Communication will come from the Ross County Health District and/or the school district.

NOTE: The Ross County Health District can disclose Personal Health Information (PHI) if deemed necessary to avert, prevent, or mitigate a clear threat to the public’s health. However, Ohio law also makes clear the disclosure of PHI can only be to those who can prevent or mitigate the public health threat. School officials with the ability and authority to directly intervene may be provided the child’s name or other PHI.

- The school district will cooperate with the Ross County Health District to facilitate effective Contact Tracing to reduce the spread to others.

NOTE: Contact Tracing in schools will vary, it is not a one size fits all scenario. Instead, it depends on the age diagnosed with COVID-19, the design of the classroom, if students are cohorted, if students are masked, and if students are involved in intramural activities, such as clubs or sports.

- A 10-day (20-day for a severe case) isolation period will be required of any student/staff who tests positive with COVID-19.

- Anyone who is determined to have “exposure or close contact” by the Ross County Health District will be required to self-quarantine for 14 days.

- The school district will utilize communication from the Ross County Health District to explain/define “exposure or close contact” to COVID-19 that would necessitate quarantine.

The Ross County Health District currently utilizes the following guidelines to assess “exposure or close contact” to a positive COVID-19 case:

Low Risk: Both the positive COVID-19 case and the close contact were wearing a face covering and maintained a 6-foot distance.

Medium Risk: Either the positive COVID-19 case or the close contact was wearing a face covering and maintained a 6-foot distance. The risk level would move to high risk if the two individuals were within a 6 feet distance for 15 minutes or greater.

High Risk: Both the positive COVID-19 case and the close contact were not wearing a face covering within a 6 feet distance for 15 minutes or greater.

NOTE: There has been many conversations regarding “close contacts.” The CDC recommendations for community-related exposures does not

	<p>currently differentiate exposures of close contacts using a cloth face covering. Cloth face coverings provide an extra layer to help prevent respiratory droplets from traveling in the air and onto other people but are not considered Personal Protective Equipment (PPE).</p>
<p><u>Return to School</u></p>	<p>If a student/staff is diagnosed as having COVID-19, they must meet the following criteria to return to school:</p> <ul style="list-style-type: none"> o A full 24 hours with no fever (without the use of fever reducing medication) AND o Other symptoms improved AND o 10 days since symptoms first appeared <ul style="list-style-type: none"> ● If isolation or quarantine were initiated by the Ross County Health district a release of isolation and/or quarantine can be obtained from the health district (740) 775.1146. ● Any “other” illnesses should be handled in the routine manner according to policies of the school district or directed by the staff/student’s healthcare provider.

